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### **IM BOARD REVIEW**



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ADDRESS: John R. Queen, MD, Department of Emergency Medicine, E19, The Cleveland Clinic Foundation, 9500 Euclid Avenue, Cleveland, OH 44195; e-mail queenj@ccf.org.

### **LETTER TO THE EDITOR**

# Gulf War syndrome

(JANUARY 2000)

TO THE EDITOR: It was quite interesting to note the various causes of Gulf War syndrome proposed by Dr. Frost. 1 Numerous reports have shown that the Gulf War itself has not made people sick.<sup>2</sup> I think if people anywhere are exposed to any kind of human slaughter or war, they are bound to get symptoms quite unusual to others. Chronic fatigue syndrome is the most common symptom I have come across. Dysfunction of the nervous system and post-traumatic stress disorder have been quite infrequent.

Physicians must carefully evaluate patients who are veterans of the Persian Gulf War to further our knowledge and confirm the existence of this syndrome. Thanks for the article.

> M. Z. SIDDIQUI, MD Elmhurst, NY

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