Survival following aortocoronary bypass graft surgery

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Survival was studied in 807 of the 1000 patients who had pure saphenous vein graft surgery between October 1969 and June 1974. Survival curves up to 6 years were determined for the entire population and various subsets on the basis of preoperative findings and surgical techniques using the actuarial method of Cutler and Ederer.

The 6-year survival was 82% for patients who had pure saphenous vein grafts and 66% for the 126 patients who also had internal mammary artery implantation or left ventricular wall resection or both (Table). Survival was significantly greater when the following preoperative conditions were noted: absence of heart failure, absence of significant angina (prophylactic surgery), normal electrocardiogram at rest, one or two obstructed arteries, ejection fraction ≥ 0.45 . Survival did not appear to be influenced by the patient's age, risk factors, duration of illness before surgery, or previous myocardial infarction; the 6-year survival was not different for stable as opposed to unstable angina. Patients with one, two, or more grafts had a similar life span, but patients with optimal correction had a significantly greater longevity (bypass of all major coronary arteries with a stenosis $\leq 70\%$).

Table. Factors influencing survival after aortocoronary bypass graft surgery

		Six-year cumulative survival	
	No. of patients operated on	Early mortality included	Early mortality ex- cluded
Pure bypass	807	82% p < 0.01	86% p < 0.001
+Vineberg or wall resection	126	66% P \ 0.01	73% P \ 0.001
Prophylactic surgery	63	90%	90% N.S.
Stable angina	563	81% p < 0.05	N.S.
Heart failure absent	895	82%	86%
Heart failure present	38	$\frac{32\%}{35\%}$ p < 0.001	$_{45\%}^{60\%}$ p < 0.001
ECG normal	214	92%	93%
ECG abnormal	571	$\frac{32\%}{78\%}$ p < 0.001	$_{84\%}^{33\%}$ p < 0.01
No. of obstructed arteries: 1-2	519	86%	88%
No. of obstructed arteries: 3	288	$\frac{30\%}{75\%}$ p < 0.001	84% N.S.
Ejection fraction: < 0.45	157	67%	72%
Ejection fraction: $ > 0.45 $	650	$\frac{67\%}{86\%}$ p < 0.001	$\frac{72\%}{89\%}$ p < 0.001
Correction optimal	681	83%	87% N.S.
Correction incomplete at surgery	106	$\frac{63\%}{74\%}$ p < 0.05	82% N.S.
Correction optimal	65		98%
Correction not optimal 6-18 months	283		82% p < 0.025
after surgery			•
All grafts patent	113		94%
All grafts obstructed 6-18 months	41		67% p < 0.001
after surgery			•

When early mortality (first month) is excluded, the only factors which appear to determine late survival are heart failure, electrocardiogram, and ejection fraction (*Table*). The 6-year survival was also significantly greater in patients whose grafts were patent 6 to 18 months after surgery as opposed to that of patients in whom all

grafts were occluded. Also, patients who still had an optimal correction as determined by angiographic control studies 6 to 18 months after surgery had lived longer than patients in whom the correction was not optimal (successful bypass of all major arteries with a stenosis ≥70% at 1 year).