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Given the historical association of psychedelics as "recreational" mind-altering compounds within countercultures of the 1960s and 1970s, their current introduction into several aspects of medical practice is a surprise to many.

Brian F. Mandell, MD, PhD

Prolonged venous filling time and dependent rubor in a patient with peripheral artery disease

Physical examination in a man who presented with foot pain revealed absent bilateral posterior tibial and dorsalis pedis pulses and dusky erythema of both feet.

Scott L. Hagan, MD; Jeffrey W. Redinger, MD

Should glucagon-like peptide 1 receptor agonists be withheld during the preoperative period?

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Clinical judgment should guide this decision, taking into account patient symptoms and the presence of factors that may delay gastric emptying and increase risk for aspiration.

Sneha Mishra, MBBS; Patress A. Persons, MD; Sophie Bersoux, MD, MPH

GUIDELINES TO PRACTICE

2024 ACC/AHA guideline on perioperative cardiovascular management before noncardiac surgery: What's new?

The author highlights key changes and recommendations of the new guideline, how they differ from previous and other society guidelines, and ongoing challenges and unresolved issues in perioperative care.

Steven L. Cohn, MD

Upcoming Features

- Do I need to treat supine hypertension in my hospitalized patient?
- High-output heart failure from dialysis-associated arteriovenous access







Most elderly patients with subclinical hypothyroidism 221 do not need to be treated

Age-adjusted thyrotropin reference ranges, consideration of individual circumstances, and a wait-and-see approach for mild subclinical hypothyroidism might be more suitable than a universal treatment strategy.

Risheng Xu, DO; Nicola Abate, MD; Nalini Ram, MD; Kristina Little, MD

Subclinical hypothyroidism: What's in a name?

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Clinicians should remain thoughtful about the variability in aging biology and not be blinded by a name.

Jennifer S. Mammen, MD, PhD

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Nociplastic pain: A practical guide to chronic pain management in the primary care setting

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Nociplastic pain is characterized by amplification of pain transmission and pain perception and does not involve visible tissue injury or damage, which makes it difficult to understand and manage.

Rupak Thapa, MD; Dennis Ang, MD

Psychedelics, spirituality, and existential distress in patients at the end of life

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The authors explore the role of psychedelics in addressing patients' spiritual and existential suffering at the end of life from a medical, ethical, and legal perspective.

Nicole Cornish, PharmD; Tara Coles, MD; M. Jennifer Chang, MD; Claudia Ruiz Sotomayor, MD, DBe; Aaron Wolfgang, MD; Christopher Spevak, MD, MPH, JD

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