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Three weeks after discharge from hospitalization for COVID-19, the patient noted progressively worsening exertional dyspnea and fatigue.	
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1-MINUTE CONSULT

Does my patient need an allergy evaluation for penicillin allergy?

In patients with reported penicillin allergy, obtaining a detailed allergy history directly from the patient is the essential first step.

Jennifer A. Ohtola, MD, PhD; Sandra J. Hong, MD

SYMPTOMS TO DIAGNOSIS

Microangiopathic hemolytic anemia in a female patient with systemic lupus erythematosus

Evaluation of a patient presenting with worsening swelling of the lips and legs, decreased oral intake, intermittent pleuritic chest pain, and exertional dyspnea.

Mohammad A. Sohail, MD; Peter Luong; John Sedor, MD; Roop Kaw, MD

REVIEW

Breast cancer risk evaluation for the primary care physician 139

The authors offer a systematic approach to the assessment and management of patients at risk of breast cancer.

Christine L. Klassen, MD; Elizabeth Gilman, MD; Aparna Kaur, MD; Sara P. Lester, MD; Sandhya Pruthi, MD

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Upcoming Features

- Capsule endoscopy in GI disease
- Glycemic control in critically ill patients
- Update in palliative medicine



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Stellate ganglion block as a treatment for vasomotor symptoms: Clinical application

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Hormone therapy is the mainstay of treatment, but there is a clear need for safe and effective nonhormonal options. The authors review data on the use of stellate ganglion block in perimenopausal and postmenopausal patients.

Yeonsoo Sara Lee, BS; Christopher Wie, MD; Scott Pew, MD; Juliana M. Kling, MD, MPH

Vitamin D supplementation: Pearls for practicing clinicians A review of how to assess and counsel patients on the use of vitamin D, with patient scenarios clinicians are likely to encounter, and an overview of current recommendations for vitamin D supplementation. Susan E. Williams, MS, RD, MD, CCD, FACE, FAND REVIEW Common skin signs of COVID-19 in adults: An update Cutaneous findings can be clues to the diagnosis and infection severity in viral illnesses, including COVID-19. Samantha Polly, MD; Anthony P. Fernandez, MD, PhD DEPARTMENTS CME Calendar 121

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