

# TABLE OF CONTENTS

## FROM THE EDITOR .....

### **Clinical outcomes in diabetes: 573** **It's not just the glucose (and it's not so simple)**

As we dig deeper into the reduction in cardiovascular deaths seen with some newer drugs, several questions arise.

B.F. MANDELL

## THE CLINICAL PICTURE.....

### **Diabetic dyslipidemia with eruptive xanthoma 575**

Off medications for 1 year, her triglyceride level was 10,250 mg/dL, hemoglobin A<sub>1c</sub> 12.4%.

Y.-C. HSUEH, C.-L. CHOU, AND T.-I. LEE

## THE CLINICAL PICTURE.....

### **Pseudo-Ludwig angina 577**

A woman on heparin developed a hematoma on the floor of her mouth that threatened to block her airway.

A. TIU AND K. LAPUMNUAYPOL

## THE CLINICAL PICTURE.....

### **Mediastinal granuloma due to histoplasmosis 579** **in a patient on infliximab**

Immunosuppressive drugs can predispose to invasive fungal infection.

T. KOBAYASHI AND C. CHO

## 1-MINUTE CONSULT .....

### **Are daily chest radiographs and arterial 582** **blood gas tests required in ICU patients** **on mechanical ventilation?**

Although routine testing is common, it has low diagnostic yield and is unlikely to alter patient management.

S. GANTI, R.D. BHANOT, J. KAUR, C. CRAMER-BOUR, AND A.O. SOUBANI

## SYMPTOMS TO DIAGNOSIS .....



### **A young man with acute chest pain 586**

A young man presents with severe, pressure-like, midsternal, nonradiating pain, rated 10 on a scale of 10.

A. FARID, N. BERI, D. TORRES-BARBA, AND C. WHITCOMB

CONTINUED ON PAGE 572

CLEVELAND  
CLINIC  
JOURNAL OF  
MEDICINE

## Online Features

### Access

Cleveland Clinic Journal of Medicine content is readily available to all and is free of charge at [www.ccjm.org](http://www.ccjm.org).

### Services

- Navigate quickly to articles in current and past issues via links on the home page and pull-down menus at the top of the page. Use the search function to find a specific article, or browse by topic or article type.
- Continuing medical education and maintenance of certification activities are accessible from article links and from a CME pull-down menu on the home page. Participation is free.
- Follow links on the home page to news, summaries of recent scientific meetings, and interactive quizzes.
- Click on the PDF symbol at the top of any online article to read, download, or print the article in PDF format.

### Social Networking

To post a *CCJM* article to Facebook or Twitter, just click on the icon at the top of any online article.

[www.ccjm.org](http://www.ccjm.org)

CONTINUED FROM PAGE 570

**CURRENT DRUG THERAPY** ..... **CME MOC**  
ACCREDITED **595**

**Diabetes management:  
Beyond hemoglobin A<sub>1c</sub>**

Other factors include cardiovascular benefit, weight control, hypoglycemia risk, and cost.

V. MAKIN AND M.C. LANSANG

**CURRENT DRUG THERAPY** ..... **CME MOC**  
ACCREDITED **601**

**ACE inhibitors and ARBs:  
Managing potassium and renal function**

Concern about hyperkalemia and a decline in renal function has led to underuse of these drugs.

T. MOMONIAT, D. ILYAS, AND S. BHANDARI

**EDITORIAL** ..... **608**

**ACE inhibitor and ARB therapy:  
Practical recommendations**

Inhibitors of the renin-angiotensin-aldosterone system are cornerstones of therapy of cardiovascular disease.

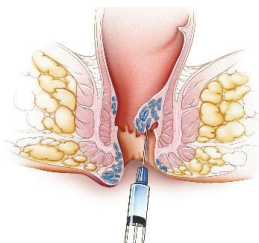
H. RINCON-CHOLE

**REVIEW** ..... **CME MOC**  
ACCREDITED **612**

**Hemorrhoids:  
A range of treatments**

Each patient is unique, and with the range of options available, treatment can be individualized.

T.B. CENGIZ AND E. GORGUN



**REVIEW** ..... **CME MOC**  
ACCREDITED **621**

**Disparities in cardiovascular care:  
Past, present, and solutions**

Cardiovascular disease makes no distinction in race, sex, age, or socioeconomic status, and neither should clinicians.

Q.R. YOUMANS, L. HASTINGS-SPAIN, O. PRINCEWILL, T. SHOBAYO, AND I.S. OKWUOSA

**DEPARTMENTS** ..... **578**

**CME Calendar**

**CME/MOC Instructions**

Inside back cover

# Upcoming Features

- Functional heartburn:  
The brain-gut connection
- Gabapentin for  
alcohol use disorder:  
Opportunity for abuse?
- Barrett esophagus:  
Treatable cancer precursor
- Cardio-obstetrics:  
Better maternal outcomes
- Systemic sclerosis  
and the heart:  
What to look for
- Migraine lifestyle hacks
- Update on STI diagnosis
- Does my patient need  
IV maintenance fluid?



CLEVELAND  
CLINIC  
JOURNAL OF  
MEDICINE