

TABLE OF CONTENTS

FROM THE EDITOR

A link between A-fib and sleep apnea is no surprise, but why? 706

The two conditions commonly coexist, and treating the sleep apnea results in better rhythm-directed outcomes in the A-fib.

B.F. MANDELL

1-MINUTE CONSULT

Should I evaluate my patient with atrial fibrillation for sleep apnea? 709

Yes. The prevalence of sleep apnea is high in patients with atrial fibrillation, and vice versa.

M.B. AYACHE, R. MEHRA, AND K.A. MAYUGA

THE CLINICAL PICTURE.....

Fissured tongue 714

A 43-year-old man presented with halitosis and deep fissures on his tongue.

S.S. BAKSHI

THE CLINICAL PICTURE.....

Atraumatic splenic rupture in acute myeloid leukemia 715

Atraumatic splenic rupture is rare but potentially life-threatening, especially if the diagnosis is delayed.

K. GNANAPANDITHAN

COMMENTARY

Low-dose steroids for acute exacerbations of COPD in a non-ICU setting: Worth consideration 717

Despite the guidelines, most patients still receive high intravenous doses for acute exacerbations.

A. KICHLOO, M.M. ALJADAH, AND H.H. BEIZ

SYMPTOMS TO DIAGNOSIS

Severe hypercalcemia in a 54-year-old woman 719

Her calcium level was 18.4 mg/dL; 6 months earlier it had been 9.6. What was the cause?

M.A. MUNOZ, Z. ZAFAR, AND B.A. BABU

CONTINUED ON PAGE 704

CLEVELAND
CLINIC
JOURNAL OF
MEDICINE

Online Features

Access

Cleveland Clinic Journal of Medicine content is readily available to all and is free of charge at www.ccjm.org.

Services

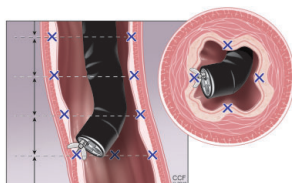
- Navigate quickly to articles in current and past issues via links on the home page and pull-down menus at the top of the page. Use the search function to find a specific article, or browse by topic or article type.
- Continuing medical education and maintenance of certification activities are accessible from article links and from a CME pull-down menu on the home page. Participation is free.
- Follow links on the home page to news, summaries of recent scientific meetings, and interactive quizzes.
- Click on the PDF symbol at the top of any online article to read, download, or print the article in PDF format.

Social Networking

To post a *CCJM* article to Facebook or Twitter, just click on the icon at the top of any online article.

www.ccjm.org

REVIEW **CME MOC**
ACCREDITED **724**



Current management of Barrett esophagus and esophageal adenocarcinoma

Risk factors: reflux symptoms > 5 years, male sex, age > 50, white race, central obesity, and smoking.

T. SINGH, V. SANGHI, AND P.N. THOTA

REVIEW **CME MOC**
ACCREDITED **733**

STI update: Testing, treatment, and emerging threats

Fast, sensitive molecular diagnostic tests that use self-collected samples may help bend the upward curve of STIs.

M. HLATSHWAYO, H.E.L. RENO, AND M.L. YARBROUGH

REVIEW **CME MOC**
ACCREDITED **741**

SEEDS for success: Lifestyle management in migraine

Lifestyle counseling can be based on the mnemonic SEEDS: sleep, exercise, eat, diary, and stress.

J. ROBBLEE AND A.J. STARLING

REVIEW **CME MOC**
ACCREDITED **751**



Appropriate laboratory testing in Lyme disease

Testing for Lyme disease is challenging and if done incorrectly can lead to unnecessary treatment.

T.M. JOHN AND A.J. TAEGE

DEPARTMENTS **CME Calendar** **708**

Correction **760**

Information was omitted from Table 1 on page 596 of the article, Makin V, Lansang MC. Diabetes management: Beyond hemoglobin A_{1c}. Cleve Clin J Med 2019; 86(9):595–600. doi:10.3949/ccjm.86a.18031

CME/MOC Instructions

Inside back cover

Upcoming Features

- Alcohol use disorder: Is gabapentin an option?
- Pregnancy and the heart
- Fever in a traveler back from Ethiopia
- Tricyclics: Uses beyond depression
- Sepsis: Manage by guidelines
- Familial hypercholesterolemia: Detect it early
- Diabetes: Does type matter?
- Sickle cell disease for the primary care physician



CLEVELAND
CLINIC
JOURNAL OF
MEDICINE