

Online Features

Access

Cleveland Clinic Journal of Medicine content is readily available to all and is free of charge at **www.ccjm.org**. On your first visit, we will ask you to take a few minutes to register, but subsequent visits will be unencumbered except for an occasional request for your e-mail address when you visit using another device (eg, mobile phone, tablet).

Services

- Navigate quickly to articles in current and past issues via links on the home page and pull-down menus at the top of the page. Use the search function to find a specific article, or browse by topic or article type.
- Continuing medical education activities are accessible from article links and from a CME pulldown menu on the home page. Participation is free.
- Follow links on the home page to news, summaries of recent scientific meetings, and interactive quizzes.
- Click on the PDF symbol at the top of any online article to read, download, or print the article in PDF format.

Social Networking

To post a *CCJM* article to Facebook or Twitter, just click on the icon at the top of any online article.

www.ccjm.org

JUNE 2017

TABLE OF CONTENTS

FROM THE EDITOR

Fighting the reflux reflex

419

We should think twice when making a clinical diagnosis of gastroesophageal reflux disease.

B.F. MANDELL

COMMENTARY

The USPSTF and screening for obstructive sleep apnea: Dispelling misconceptions

429

Their finding of insufficient evidence might be misinterpreted and needs to be put into context.

R. MEHRA AND N. FOLDVARY-SCHAEFER

THE CLINICAL PICTURE.....

Black hairy tongue cured concurrently with respiratory infection

434

Proposed causes include medications, hyposalivation, poor oral hygiene, smoking, and infection.

F. TOUS-ROMERO, S. BURILLO-MARTÍNEZ, M. PRIETO-BARRIOS, AND L. MAROÑAS-JIMÉNEZ

THE CLINICAL PICTURE

A 68-year-old man with a blue toe

436

The patient had undergone coronary artery bypass grafting, which caused cholesterol crystal embolism.

K. SHIKINO, T. OTA, T. UEHARA, AND M. IKUSAKA

THE CLINICAL PICTURE.....

A dermatosis of pregnancy

440

Eight days after giving birth, a 33-year-old woman presented with pruritic erythematous papules and plaques on the abdomen.

S. BRÁS, A. OLIVEIRA, P. MENDES-BASTOS, AND C. AMARO

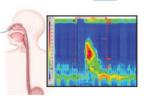
IM BOARD REVIEW.....

A man with progressive dysphagia

443

Difficulty swallowing can be caused by problems in the oropharynx or in the esophagus.

A.J. KICHLER AND S. GABBARD



CONTINUED ON PAGE 416

JUNE 2017

CONTINUED FROM PAGE 415

REVIEW

Apps and fitness trackers that measure sleep: 451 Are they useful?

In general, they have major shortcomings and limited utility.

M.P. MANSUKHANI AND B.P. KOLLA



REVIEW

Is there a doctor on board? In-flight medical emergencies

Although not legally required to render assistance, physicians have an ethical obligation to do so and should be prepared.

J.V. NABLE, C.L. TUPE, B.D. GEHLE, AND W.J. BRADY



REVIEW

ERAAs for menopause treatment: Welcome the 'designer estrogens'

These drugs stimulate estrogen receptors in some tissues and inhibit them in others, enabling tailored treatment.

H.D. HIRSCH, E. SHIH, AND H.L. THACKER



REVIEW

Autosomal dominant polycystic kidney disease and the heart and brain

Early-onset hypertension is common. Other complications include heart disease and intracranial aneurysm.

V. KRISHNAPPA, P. VINOD, D. DEVERAKONDA, AND R. RAINA

DEPARTMENTS

CME Calendar 417

Letter to the Editor

428

457

463

471

Readers comment on fungal organisms in the brain (February 2017).

CME instructions 483

Upcoming Features

- Antibiotic stewardship: Why we must, how we can
- Tick-borne diseases: More than Lyme disease
- Venous thromboembolism: Optimal diagnosis
- Living with hematologic cancer
- Labels matter: Challenging conversations or challenging patients?
- Oral contraceptives and migraine: An update
- ADHD: Better diagnosis and management
- Antipsychotics for delirium in the hospital
- Will digital breast tomosynthesis improve mammography?

