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### **Guidelines or a plea for help?**

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The US Preventive Services Task Force (USPSTF) recently published a guideline on the use of calcium and vitamin D supplements to prevent fractures in adults. I agree with two-thirds of their recommendations.

B.F. MANDELL

COMMENTARY.....

## Should healthy people take calcium and vitamin D to prevent fractures? What the US Preventive Services Task Force and others say

The USPSTF recently threw cold water on the use of these supplements, but the findings need to be put in context.

R.K. DORE

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REVIEW

# Medication-assisted treatment of opiate dependence is gaining favor

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Recovering addicts are more likely to avoid returning to the use of opiates if they participate in a program that includes taking maintenance doses of methadone or buprenorphine.

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A 45-year-old woman presents to the emergency room with cramps and paresthesias in her hands and feet. What is going on?

K. SHAHEEN AND S. MERUGU

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# Online Features

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#### A 74-year-old man with abdominal pain

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The patient has colon cancer, a repaired abdominal aortic aneurysm, and now, worsening abdominal pain.

M.A. KHAN, K.B. PATEL, R.J. MARCH, M. NOORUDDIN, AND M.D. BROWN

#### 1-MINUTE CONSULT .....

# Which patients may benefit from coronary artery calcification scoring?

Although no randomized trial has yet shown that the test improves outcomes, it is best used in asymptomatic patients at intermediate risk.

R.J. CHAUFFE AND D.E. WINCHESTER

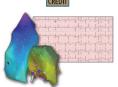
#### EDITORIAL

# Does coronary artery calcification scoring still have a role in practice?

Despite more than 2 decades of use and data from hundreds of thousands of patients, the test remains poorly understood.

D. PHELAN AND M.Y. DESAI

## CME REVIEW



# Evaluation and management of premature ventricular complexes

The diagnostic evaluation should include an assessment for structural heart disease and ambulatory Holter monitoring.

D.J. CANTILLON

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Readers comment on the role of sleep apnea in resistant hypertension (February 2013).

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#### Directions for taking CME tests online

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# UPCOMING FEATURES

- Managing bleeding caused by the new oral anticoagulants
- Incidental ovarian cyst: When to reassure, reassess, refer
- Are we overtreating pneumonia?
- What is the preferred revascularization strategy for patients with diabetes?
- Should all patients with portal vein thrombosis be anticoagulated?
- Is pharmacogenetic testing needed when warfarin is prescribed?

