## TABLE OF CONTENTS

## FROM THE EDITOR .....

## The 'T' in ITP remains

595

The "I" has changed its meaning and the "P" is not necessary to make the diagnosis, but the disease formerly known as idiopathic thrombocytopenic purpura (ITP) remains important to diagnose.

B.F. MANDELL

#### 

A woman on patient-controlled analgesia with morphine suddenly develops shortness of breath because of uvular swelling obstructing the airway. What is the diagnosis?

S.A. PANDE, K. RAGHAV, S. MEHTA, G. BABBAR, AND S. KANDPAL

# POINT AND COUNTERPOINT 608 A rejoinder 608 A recent CCJM commentary used straw men to indict cost-effectiveness research. 608 C.I. UDEH AND B.L. UDEH 608

The conundrum of cost-effectiveness 610

The author of the commentary replies.

V. PRASAD

## THE CLINICAL PICTURE.....

## Flashing lights, floaters, and reduced vision

A 62-year-old woman has numerous lobulated, yellowish, choroidal lesions in the left eye, and two similar but smaller lesions in the right eye. What is the cause?

A.H. ALRAIYES, M.C. ALRAIES, F.A. ALMEIDA, AND A.D. SINGH

Fever, dyspnea, and hepatitis

## IM BOARD REVIEW.....

in an Irag veteran

623

616

About 8 weeks after returning home, he presents with a cough, myalgia, headaches, fever, chills, drenching night sweats, and dyspnea on exertion. What is the most likely diagnosis?

R.L. GUTIÉRREZ AND J.D. HARTZELL

CONTINUED ON PAGE 590



# Online Features

## Free e-mail alerts

To receive your free e-mail Table of Contents (eTOC) when a new issue of the *Cleveland Clinic Journal of Medicine* is released, just click on "Alerts" from any page at www.ccjm.org.

It is quick and easy. All you need is your e-mail address. No other registration information is required.

## **Social Networking**

To post a *CCJM* article to Facebook or your favorite social networking site, just click on the icon at the bottom of any online article.



## **SEPTEMBER 2012**

## CONTINUED FROM PAGE 588

## The role of aldosterone receptor antagonists in the management of heart failure: An update

REVIEW .....

Spironolactone (Aldactone) and eplerenone (Inspra) are now part of standard therapy. Still, they must be used cautiously, as they can cause hyperkalemia.

V. NAGARAJAN, M. CHAMSI-PASHA, AND W.H.W. TANG

#### REVIEW ..... Immune thrombocytopenia in adults: 641 An update

Management has changed in the last decade, with new drugs and with increased awareness of treatment side effects.

S. THOTA, G. KISTANGARI, H. DAW, AND T. SPIRO



### Using the ankle-brachial index 651 to diagnose peripheral artery disease and assess cardiovascular risk

The authors seek to convince you to measure the ankle-brachial index in any patient you suspect may have peripheral artery disease, whether or not they have symptoms.

E.S.H. KIM, K. WATTANAKIT, AND H.L. GORNIK

## DEPARTMENTS ..... **CME Calendar**

**594** 

663

631

## **Directions for taking CME tests online**

To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to www.ccjm.org to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.

Release date: September 1, 2012 Expiration date: August 31, 2013

# UPCOMING FEATURES

- Hypertension in the elderly: **Practical considerations**
- Chronic kidney disease in African Americans: Strategies for improving care
- Male hypogonadism is more than low testosterone
- Mild cognitive impairment: Hope for stability, plan for progression
- The adult Asperger patient in your waiting room
- Emergency contraception: **Clarifying the myths**
- Hereditary colorectal cancer: **Recognizing and managing** these syndromes in practice

