

Online Features

Free e-mail alerts

To receive your free e-mail Table of Contents (eTOC) when a new issue of the *Cleveland Clinic Journal of Medicine* is released, just click on "Alerts" from any page at www.ccm.org.

It is quick and easy. All you need is your e-mail address. No other registration information is required.

Social Networking

To post a *CCJM* article to Facebook or your favorite social networking site, just click on the icon at the bottom of any article.



TABLE OF CONTENTS

FROM THE EDITOR

Quality, frailty, and common sense 777

Ideal management of the frail elder with severe congestive heart failure is not always a matter of devices and drugs.

B.F. MANDELL

IM BOARD REVIEW.....

A 25-year-old man with very high alkaline phosphatase 793

He has generalized malaise, a palpably enlarged liver, and an alkaline phosphatase level of 1,307 U/L. What is the cause?

J.M. ESFEH, I.A. HANOUNEH, AND N.N. ZEIN

THE CLINICAL PICTURE.....

A less common source of dyspnea in scleroderma 801

A 48-year-old man with scleroderma reports progressive shortness of breath, fatigue, and melena over the past month. What is the link?

F. ALTAHAWI AND M.C. ALRAIES

THE CLINICAL PICTURE.....

Presumed premature ventricular contractions 812

The electrocardiogram shows what appear to be premature ventricular contractions. But are they?

M. AURON AND D. UNDERWOOD

IM BOARD REVIEW.....

A 54-year-old woman with pancytopenia 815

Her red blood cell, white blood cell, and platelet counts are all low. What is the cause?

A.D. TIMOTHY, A. JEGALIAN, AND A.E. LICHTIN

CONTINUED ON PAGE 776

CONTINUED FROM PAGE 773



REVIEW



Essential tremor: Choosing the right management plan for your patient 821

Successful management entails excluding secondary causes, carefully selecting drug therapy, and, in severe resistant or atypical cases, referring to a specialist.

H. ABBOD, A. AHMED, AND H.H. FERNANDEZ



CURRENT DRUG THERAPY

Bioidentical hormone therapy: Clarifying the misconceptions 829

Many women are turning to bioidentical hormone therapy on the basis of misconceptions, which we hope to clarify.

L. PATTIMAKIEL AND H.L. THACKER



REVIEW

Heart failure in frail, older patients: We can do 'MORE' 837

A comprehensive approach is necessary in managing heart failure in frail older adults. Physicians need to draw from the fields of internal medicine, geriatrics, and cardiology.

R.V. SAMALA, V. NAVAS, E. SALUKE, AND J.O. CIOCON

DEPARTMENTS

Index to Volume 78 780

Letters to the Editor 785

Readers comment on negative U waves (August 2011) and on dabigatran (October 2011).

CME Calendar 792

Correction 787

An error appeared in Induru RR, Lagman RL. Managing cancer pain: frequently asked questions. *Cleve Clin J Med* 2011; 78:449-464.

Directions for taking CME tests online 846

To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to www.ccm.org to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.

Release date: December 1, 2011

Expiration date: November 30, 2012

UPCOMING FEATURES

- Overcoming barriers to hypertension control in African Americans
- Should target BNP levels be used to guide chronic heart failure treatment?
- Parkinson disease: Update on medical management
- Deep brain stimulation: What can patients expect?
- Skin and soft-tissue infections: Recognizing, treating a spectrum
- When should we use anti-CCP to diagnose rheumatoid arthritis?
- The promise and problems of personalized care



DEDICATED TO LIFELONG LEARNING
CLEVELAND
CLINIC
JOURNAL OF
MEDICINE