### OCTOBER 2011

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Cleveland Clinic Journal of Medicine

### **Update in intensive care medicine:** Studies that challenged our practice in the last 5 years

Several once-established therapies have failed the test of time, as the result of evidence from clinical trials.

E. DIAZ-GUZMAN, J. SANCHEZ, AND A.C. ARROLIGA

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Few medical emergencies are as dramatic as an acutely rupturing aortic aneurysm. Advances in research offer potential for more alternatives to emergency surgery.

B.F. MANDELL

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A 44-year-old woman with end-stage liver disease presents with a painful, ischemic, necrotic lesion on her thigh. What is the diagnosis?

C.R. NEWEY, A. SARWAL, J. UCHIN, AND G. MULLIGAN

### What is the best questionnaire to screen for alcohol use disorder in an office practice?

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A variety of questionnaires can be used. The important thing is to be proactive about screening for this very common yet underrecognized problem.

K. FAGBEMI

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**Dabigatran:** Will it change clinical practice?

This new oral anticoagulant has advantages over warfarin (Coumadin), but it is more expensive, which may pose a barrier to its wider use.

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### Jet lag and shift work sleep disorders: How to help reset the internal clock

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Some relief is possible for the grogginess and disorientation that often ensue from travelling long distances or working the night shift.

B.P. KOLLA AND R.R. AUGER



# Aortic dissection: Prompt diagnosis and emergency treatment are critical

Aortic dissection can be rapidly fatal, and it can mimic more common conditions. Suspicion is essential.

A.C. BRAVERMAN

### COMMENTARY

### A new ICU paradigm: Intensivists as primary critical care physicians

The time has come for critical care medicine to end its identity crisis.

M.J. POPOVICH, S. ESFANDIARI, AND A. BOUTROS

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- Essential tremor: Choosing the right treatment
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- Papillomavirus testing: Improving on the success of the Pap test
- Recognizing and, addressing racial disparities in health care
- Bio-identical hormones: Clarifying misconceptions
- Skin and soft-tissue infections: Classifying and treating a spectrum

