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**Coenzyme Q10:  
A therapy for hypertension  
and statin-induced myalgia?**

These supplements appear to be safe, but larger trials are needed to determine if they are truly effective.

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**Menstrual manipulation:  
Options for suppressing the cycle**

If they wish, women can have more control over when and if they menstruate, even though myths and misperceptions abound among clinicians.

C.W. HICKS AND E.S. ROME

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**Pharmacoresistant epilepsy:  
From pathogenesis to current  
and emerging therapies**

Almost one-third of people with epilepsy continue to have seizures despite appropriate treatment. We recommend early referral to an epilepsy center.

S. PATI AND A.V. ALEXOPOULOS

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**Bariatric surgery for type 2 diabetes:  
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Bariatric surgery results in remission of diabetes in most patients. Why should this be?

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- Managing coronary risk in HIV patients
- Can patients with COPD or asthma take a beta-blocker?
- Be proactive about glucocorticoid-induced osteoporosis
- Should antibiotics be given for aspiration pneumonia?
- A young woman with a breast mass
- Do new diabetes drugs cause pancreatitis?



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