#### **DECEMBER 2010**



# Online Features

Let us alert you to timely articles that appear in Cleveland Clinic Journal of Medicine

Sign up for Cleveland Clinic Journal of Medicine eTOCs (electronic Table of Contents)

eTOCs is a free service that provides the Table of Contents or a notification of availability when new issues of *Cleveland Clinic Journal of Medicine* are published online

To sign up, go to www.ccjm.org and click on "E-MAIL ALERTS (FREE)"

# Cleveland Clinic Journal of Medicine \*\*\*Described Institute | Lastic Line \*\*\*Iponitive or selections | Lastic Li

## TABLE OF CONTENTS

FROM THE EDITOR

### Why is fixing the plumbing so difficult?

840

For carotid stenosis, a catheter-based procedure would seem safer than endarterectomy, but reality is not always so simple.

B.F. MANDELL

THE CLINICAL PICTURE.....

#### Cornflake-like scales on the ankles and feet

848

An 81-year-old woman presents with slowly growing, asymptomatic lesions on both feet and ankles. Which test should be ordered to establish the diagnosis?

C. GÓMEZ-FERNÁNDEZ, B.C. VERRIER, L.S. CANALEJAS, R.M.A. DE CELADA, AND P.H. PINTO

CURRENT DRUG THERAPY .....

#### MAO inhibitors: Risks, benefits, and lore

859

Monoamine oxidase inhibitors were the first antidepressants introduced. Interest in their use is reviving.

M. WIMBISCUS, O. KOSTENKO, AND D. MALONE

1-MINUTE CONSULT

## Should alpha-blockers ever be used as antihypertensive drugs?

884

They are not first-line drugs, but they can be second-line or third-line add-on drugs if blood pressure is not under control.

G. ROSSITTO, G. KAMATH, AND F.H. MESSERLI

#### INTERPRETING KEY TRIALS.....

#### Understanding the CREST results. Carotid stenting vs surgery: Parsing the risk of stroke and MI

For patients with carotid artery stenosis, percutaneous intervention with stenting is as good as surgery—with some qualifications.

O. AKSOY, S.R. KAPADIA, C. BAJZER, W.M. CLARK, AND M.H. SHISHEHBOR



CONTINUED ON PAGE 838

CONTINUED FROM PAGE 837

C		F
CR	FD	IT

#### MEDICAL GRAND ROUNDS.....

#### Vitamin D and the heart: Why we need large-scale clinical trials

Despite enthusiasm for vitamin D, no large-scale primary prevention trial has used cardiovascular disease or cancer as a prespecified primary outcome.

J.E. MANSON



#### REVIEW .....

# The homocysteine hypothesis: Still relevant to the prevention and treatment of cardiovascular disease?

Elevated homocysteine is a risk factor, and vitamins lower homocysteine levels. But does vitamin supplementation prevent cardiovascular events?

J.M. ABRAHAM AND L. CHO



#### REVIEW .....

#### Managing gout: How is it different in patients with chronic kidney disease?

The goals are the same, but the choice and dosage of drugs may need to be modified.

H. EL-ZAWAWY AND B.F. MANDELL

#### DEPARTMENTS

#### Letters to the Editor 843

Readers comment on nutritional supplementation after bariatric surgery (July 2010) and on glucocorticoid-induced osteoporosis (August 2010).

**CME Calendar** 

856

903

911

919

#### **Index to Volume 77**

929

#### **Directions for taking CME tests online**

933

To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to <a href="https://www.ccjm.org">www.ccjm.org</a> to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.

Release date: December 1, 2010 Expiration date: November 30, 2011

# UPCOMING FEATURES

- Goal-directed BP therapy: Benefits and pitfalls
- Proton pump inhibitor side effects and interactions: Much ado about nothing?
- Managing bloodstream infections in patients with central venous catheters
- Anorexia nervosa's effects on bone health
- It's time to treat HIV like a normal disease
- Do patients with artificial joints need antibiotics before dental work?
- Managing symptoms: An important part of cancer care
- Interpreting the estimated GFR in primary care

