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# Preventing clots: Don't let the complex overshadow the simple

Although we often approach anticoagulation therapy with a confidence born of familiarity, it is not for the faint of heart.

B.F. MANDELL

EDITORIAL .....

# Intracerebral hemorrhage: Pick your poison

Whether to resume anticoagulant therapy after an intracerebral hemorrhage requires careful consideration of many factors, including patient preferences and tolerance of different levels of risk.

F. MICHOTA

1-MINUTE CONSULT

# How soon after hip fracture surgery should a patient start bisphosphonates?

Starting a bisphosphonate too soon after surgery could disrupt bone remodeling and delay fracture repair.

M. SETON

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Recent studies and trials regarding bone loss, dialysis outcomes, dementia, and other topics.

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REVIEW

# Should anticoagulation be resumed after intracerebral hemorrhage?

CRED

In selected patients, the potential benefit of resuming anticoagulation outweighs the considerable risk.

J.N. GOLDSTEIN AND S.M. GREENBERG

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# Approach to a low TSH level: Patience is a virtue

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Confronted with a low TSH level, physicians should not jump to the conclusion that it is due to a hyperthyroid state.

K.M. PANTALONE AND C. NASR



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### Influenza 2010-2011: Lessons from the 2009 pandemic

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The 2009 pandemic of influenza A (H1N1) was less severe than some others, thanks in part to advances in diagnosis, treatment, and public health.

M.G. ISON AND N. LEE



### REVIEW.....

# When 'blue babies' grow up: 821 What you need to know about tetralogy of Fallot

Children born with tetralogy of Fallot and other congenital heart defects are living longer—long enough, eventually, to present to your clinic.

D. FOX, G.P. DEVENDRA, S.A. HART, AND R.A. KRASUSKI

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Readers comment on preventing glucocorticoid-induced osteoporosis (August 2010) and on electronic medical records (July 2010).

### Directions for taking CME tests online

To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to <a href="https://www.ccjm.org">www.ccjm.org</a> to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.

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# UPCOMING FEATURES

- Proton pump inhibitor side effects and interactions: Much ado about nothing?
- Why we need a clinical trial of vitamin D
- Managing gout: How is it different in patients with chronic kidney disease?
- Meeting the health needs of lesbian, gay, bisexual, and transgender patients
- Can a bowel preparation exacerbate heart failure?
- Carotid artery stenting: Has it CRESTed?
- Managing bloodstream infections in patients with central venous catheters
- Anorexia nervosa's effects on bone health

