

Abstract 5

Sustainability of an Osteoporosis Pathway

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In 2003 The Queen Elizabeth Hospital (TQEH) implemented a champion-driven pathway for the initiation of triple therapy for osteoporosis in patients presenting with a minimal-trauma fracture over the age of 50.

Preliminary data from 2003 suggested none of these patients were being discharged on therapy.

After a 10-month period an audit was performed which confirmed that 88% of eligible patients in this group were discharged on triple therapy.

A further recent review at a 5-year period shows that prescription rates of therapy for osteoporosis in this patient group are now at 95%.

The champion-driven pathway concept at TQEH has sustained prescription rates for orthopedic patients presenting with an osteoporotic fracture over a sustained period of time.