Breast Cancer Surgery and Breast Reconstruction:

WHAT THE OPTIONS ARE, WHAT YOUR PATIENTS NEED TO KNOW

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Contents

Trends in breast cancer screening and diagnosis
Overview of breast cancer staging and surgical treatment options
Breast reconstruction options following mastectomy
Reconstruction options following breast conservation therapy
Options and considerations in the timing of breast reconstruction after mastectomy

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From the editor

With advances in breast cancer screening and awareness, breast cancers are now detected at earlier stages and in younger women. These trends, together with recent advances in surgical treatments for breast cancer and reconstructive procedures, make breast reconstruction an option clearly worth considering for many women with breast cancer.

This supplement was conceived to make primary care physicians, general surgeons, and other physicians not directly involved in breast reconstruction aware of the many reconstructive options available to women with breast cancer today. Our aim is to help these physicians better counsel their patients with breast cancer about these options early in treatment planning so that patients can make informed and individualized choices in the interest of both their long-term health and their quality of life.

We begin with an overview of breast cancer screening and diagnosis and proceed to a review of current surgical options for treatment of breast cancer. We then survey key issues to consider in breast reconstruction following mastectomy and following breast conservation therapy, as well as special considerations surrounding the timing of reconstruction.

Our approach is nontechnical, as our aim is to help physicians who are not breast surgeons better counsel their patients about what breast reconstruction involves and its associated benefits and risks.

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