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Risks and benefits of bariatric surgery: **Current evidence**

The risks are not trivial, but they are acceptably low. The benefits: patients lose weight and keep it off, and many are cured of obesity-related diseases, notably type 2 diabetes.

S.A. BRETHAUER, B. CHAND, AND P.R. SCHAUER



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Improving influenza vaccination rates among adults

The medical profession must and can do a better job of vaccinating people against influenza every year. All we need is a plan.

K.L. NICHOL

1-MINUTE CONSULT.....

Which agents should we use to treat and prevent influenza in 2006–2007?

Oseltamivir (Tamiflu) and zanamivir (Relenza) are the treatments of choice this year, but vaccination remains the primary preventive measure.

S.B. MOSSAD

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Does this patient have primary progressive aphasia?

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S.J. KANTER, R.M. FACTORA, AND T.T. SUH

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- **Understanding the** resurgence of mumps
- What does antiplatelet resistance mean to the clinician?
- Do not mistake bipolar for unipolar depression
- **Antiaging therapies:** High hopes, little evidence
- Do dietary fructose and elevated uric acid cause coronary disease?
- Obstructive sleep apnea is linked to multiple diseases
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