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1-MINUTE CONSULT.....

How long can my patient use intranasal steroid sprays?

There is little evidence to indicate they cause significant systemic side effects. However, patients who use them regularly should undergo examinations of the nasal cavity at least once a year to check for damage to the septum.

L.C. PIEN

MEDICAL GRAND ROUNDS Primary hyperparathyroidism: 7,000 years of progress

Nowadays, most patients with primary hyperparathyroidism present with very mild disease instead of with the severe bone or kidney manifestations seen in the past. Some experts wonder if the indications for surgery should be broadened.

M.A. LEVINE

A patient with acute flank pain

With all of the imaging options, which is the best way to assess for renal calculi in the acute setting?

J.B. HORNER, D.M. EINSTEIN, AND B.R. HERTS

REVIEW.....

Frailty in older adults: Insights and interventions

We are getting better at systematically predicting who is vulnerable and at understanding the biologic basis of this vulnerability, which should lead to interventions to improve outcomes.

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REVIEW

Dyslipidemia in HIV patients

HIV can raise lipid levels, and so do the drugs used to treat it. As patients with HIV infection live longer, these non-HIV medical problems become more relevant.

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Use of corticosteroids in the sepsis syndrome: 1121 What do we know now?

Although there is a physiologic rationale for using corticosteroids in sepsis, there are also safety concerns. A definitive trial is under way. This article analyzes the evidence to date and gives the author's personal recommendations.

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RAPID COMMUNICATION Avian influenza: An emerging pandemic threat

We briefly review the lessons from past pandemics, the threat of the current avian flu outbreak, and recommendations for prevention.

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Renovascular hypertension: 1135 Balancing the controversies in diagnosis and treatment

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-EVFIAN

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