



FROM THE EDITOR

Richard G. Farmer, MD: To Russia, with CME

919

Dr. Farmer, former chairman of The Cleveland Clinic's Division of Medicine, has always been ahead of his time. Now he is working to improve the health of people in the former Soviet Union.

J.D. CLOUGH

REVIEW



Investigation and management of ischemic colitis

920

Ischemia of the colon probably happens more often than we think, as the signs may be subtle and highly variable.

J. BAIXAULI, R.P. KIRAN, AND C.P. DELANEY

REVIEW

The Russian health care system today: Can American-Russian CME programs help?

937

The health of the Russian people has deteriorated dramatically since the fall of communism. Can an American-Russian collaboration in continuing medical education improve the health of Russian citizens?

R.G. FARMER, A.Y. SIROTKIN, L.E. ZIGANSHINA, AND H.M. GREENBERG

REVIEW

Alcohol and health: A drink a day won't keep the doctor away

945

Do not advise patients to start drinking alcohol for its alleged cardiovascular benefits.

C.S. LIEBER

MEDICAL GRAND ROUNDS

Scleroderma: A treatable disease

954

Scleroderma can be effectively treated in many cases now, thanks to a better understanding of its pathogenesis and new therapies.

J.H. KORN

CONTINUED ON PAGE 916

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CONTINUED FROM PAGE 914

REVIEW.....

When patients on warfarin need surgery 973

How to manage anticoagulation in the perioperative period is controversial; we offer our approach.

A.K. JAFFER, D.J. BROTMAN, AND N. CHUKWUMERIJE

REVIEW.....

Talking to patients about St. John's wort 985

St. John's wort, an unregulated herbal supplement widely used as a self-treatment for depression, can cause side effects and drug interactions.

R. DESHMUKH AND K. FRANCO



**PATIENT
INFORMATION**

**Straight talk
about St. John's wort**

990

INTERPRETING KEY TRIALS.....

**The Heart Protection Study:
High-risk patients benefit from statins,
regardless of LDL-C level 991**

Nearly all patients at high risk of a coronary event should be taking a statin drug, regardless of their low-density lipoprotein level. We explain the rationale, design, findings, and implications of this important study.

H.S. GURM AND B. HOOGWERF

DEPARTMENTS.....

CME Calendar 936**Instructions for Authors 969****Correction: Calcium excretion 989**

Asymptomatic hyperparathyroidism
(Cleve Clin J Med 2003; 70:811-813).

Letter to the Editor 998

Rate control vs rhythm control in atrial fibrillation
(Cleve Clin J Med 2003; 70:567-573).

**CME Self-test Online**

999

- The *Cleveland Clinic Journal of Medicine* is peer-reviewed and indexed in *Index Medicus*.

UPCOMING FEATURES

- Squeezed for time?
See patients in groups!
- Should elderly patients in atrial fibrillation receive warfarin?
- Carvedilol vs metoprolol
for heart failure
- Whole-body CT screening:
Does it pass the test?
- Third-generation fibrinolytics:
Are they better?
- Using aspirin for
primary prevention
- Statins and the liver:
How great a risk?
- Endovascular therapy vs
conventional vascular surgery
- Common infections:
Dealing with uncertainty

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