



FROM THE EDITOR

CME good and bad news: 831

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J.D. CLOUGH

1-MINUTE CONSULT



Brief answers to specific clinical questions

'Coach class thrombosis': 832

Is the risk real? What do we tell our patients?

The risk is real but small; only those already at increased risk of venous thromboembolism need to be concerned.

D.J. BROTMAN AND A. JAFFER

INTERPRETING KEY TRIALS

Discussing breast cancer and hormone 838

replacement therapy with women

Although the Women's Health Initiative showed an increased risk of breast cancer, the absolute risk is very low.

P. BATUR, H.L. THACKER, AND H.C.F. MOORE

REVIEW

Very-low-carbohydrate 849

weight-loss diets revisited

Scientific and anecdotal evidence indicates that very-low-carbohydrate diets are safe and effective in weight loss.

J.S. VOLEK AND E.C. WESTMAN

EDITORIAL

Making good decisions about diet: 864

Weight loss is not weight maintenance

Lack of long-term data on very-low-carbohydrate diets makes their medically unsupervised use very troubling.

G.L. BLACKBURN

REVIEW

Hematuria: 870

An algorithmic approach to finding the cause

Many conditions can cause hematuria, but the differential diagnosis can be simplified with a systematic approach.

R. MAZHARI AND P.L. KIMMEL

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Preventing kidney stones: Calcium restriction not warranted 885

Normal dietary calcium intake, along with reduced salt and protein, is now advised.

P.M. HALL

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Mitral valve prolapse: Old beliefs yield to new knowledge 889

Many things we once believed about mitral valve prolapse have proved false.

E. HAYEK AND B. GRIFFIN

REVIEW



Bariatric surgery for morbid obesity: Why, who, when, how, where, and then what? 897

Bariatric surgery can take weight off and keep it off, but it is not for everyone. Chances are, you will see more patients who want it or have had it.

P.S. CHOBAN, B. JACKSON, S. POPLAWSKI, AND P. BISTOLARIDES

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A 47-year-old alcoholic man with progressive abnormal gait 904

What is the cause of this patient's symptoms? A self-test.

S.A. McHAM AND A.L. HULL

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Lumbar canal stenosis: Start with nonsurgical therapy 909

We have to live with some uncertainty in diagnosing and treating lumbar canal stenosis.

D.J. MAZANEC, V.K. PODICHETTY, AND A. HSIA

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