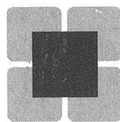


# CLEVELAND CLINIC JOURNAL OF MEDICINE



## EDITORIAL

- Further education of those who serve  
@ ccf.org** 197

The *Cleveland Clinic Journal of Medicine* goes on-line; but how will physicians use the Internet?  
J.D. CLOUGH

## MEDICAL GRAND ROUNDS

■ WILLIAM S. WILKE, EDITOR

- Battered women: how the primary care  
practitioner can help** 199

Tips for identifying victims of battering and helping them cope with the problem.  
C.A. HENRY AND A.F. HULL

- Exercise and hypertension:  
common questions** 201

Although for most patients with hypertension the benefits of exercise far outweigh the risks, surprisingly little data exists on this topic.  
A.K. HALPERIN

## CLINICAL UPDATE

- Protease inhibitors:  
promising new weapons against HIV** 204

Protease inhibitors are the most potent drugs against HIV to date, but issues of cost, drug interactions, bioavailability, and resistance remain.  
C.M. ISADA

## INTERNAL MEDICINE BOARD REVIEW

- DAVID L. LONGWORTH AND JAMES K. STOLLER, EDITORS  
**An 81-year-old woman  
with dyspnea on exertion** 209

A self-test of clinical recognition.  
B. WILLIAMS, J.H. ISAACSON, AND M.S. LAUER

## CLINICAL REVIEWS

- Cardiac imaging techniques:  
which, when, and why** 213

The science behind the different cardiac imaging techniques, and how to choose the best test for each patient.

J.D. THOMAS, B.P. GRIFFIN, AND R.D. WHITE

- Benign prostatic hyperplasia:  
an approach for the internist** 226

Paradoxically, the increase in treatment options for BPH is creating less certainty about which options to use. Some practical suggestions.  
C.D. ZIPPE

*Continued on page 194*

Continued from page 193

## CURRENT DRUG THERAPY

■ DONALD G. VIDT, EDITOR

### Advances in cluster headache management 237

Cluster headache is often misdiagnosed, and, until recently, therapy was difficult. Verapamil has revolutionized treatment.

T.A. LEWIS AND G.D. SOLOMON

## CANCER DIAGNOSIS AND MANAGEMENT

■ MAURIE MARKMAN, EDITOR

### Platelet transfusion therapy for medical and surgical patients 245

A discussion of the indications for platelet transfusions and factors that decrease their effectiveness.

M.A. HUSSEIN AND G.A. HOELTGE

## DEPARTMENTS

### CME Calendar 198

### CME Credit Test 251

## THE CLEVELAND CLINIC FOUNDATION INTRODUCES:

### CLINICAL PRACTICE GUIDELINES FOR ASTHMA

Between 10 and 20 million Americans in all age groups have asthma and are generally treated by their primary care physicians.

This self-instruction program is available for two hours of Category I CME credit. Produced by the Continuing Education Department at The Cleveland Clinic Foundation, this video program features Dr. Mani S. Kavuru, Director of the Pulmonary Function Lab, discussing current information based on the consensus of the National Asthma Education Program's Guidelines for the Diagnosis and Management of Asthma.

Along with the 20-minute video, you will receive:

- A current, concise, and comprehensive monograph
- Additional references from guideline documents
- Pre/post-tests, registration and evaluation forms

After viewing this video and reading the accompanying written material, the participant will be able to:

- Discuss recent epidemiologic trends and predisposing risk factors associated with asthma;
- Review clinical evaluation procedures for the asthmatic patient;
- Explain the clinical practice guidelines for the diagnosis and management of asthmatic patient;
- Recognize situations warranting patient referral to a specialist.

Cost of the program is \$84.95. All major credit cards are accepted. Shipping and handling is included. Ohio residents add 7 percent sales tax.

To order the clinical practice guidelines video package, or for more information on this or other clinical practice guidelines videos, please call 800/238-6750.

THE CLEVELAND CLINIC  
FOUNDATION

